Physical Education MCQs Part-2

| 51-Length of Javelin for women |
|--|
| a) 2.10 m |
| b) 2.20 m |
| c) 2.30 m |
| d) 2.40 m |
| 52-Angle of javelin through |
| a) 30 |
| b) 40 |
| a) 2.10 m b) 2.20 m c) 2.30 m d) 2.40 m 52-Angle of javelin through a) 30 b) 40 c) 29 d) 31 |
| b) 40 c) 29 d) 31 53-Weight of Javelin for men a) 600 g b) 800 g c) 400 g d) 900 g |
| 53-Weight of Javelin for men |
| a) 600 g |
| b) 800 g |
| c) 400 g |
| d) 900 g |
| 54-Weight of Javelin for women |
| a) 600 g |
| c) 400 g d) 900 g 54-Weight of Javelin for women a) 600 g b) 700 g c) 500 g d) 400 g 55-When Javelin through introduced in Modern Olympic games first time a) 1000 |
| c) 500 g |
| d) 400 g |
| 55-When Javelin through introduced in Modern Olympic games first time |
| a) 1900 |
| b) 1904 |
| c) 1908 |
| d) 1912 |

| 56-Time allow the athlete for jump |
|--|
| a) 20 sec |
| b) 30 sec |
| c) 40 sec |
| d) 60 sec |
| c) 40 sec d) 60 sec 57-High jump runway distance a) 12 m b) 13 m c) 15 m d) 14 m 58- How many lanes on track |
| a) 12 m |
| b) 13 m |
| c) 15 m |
| d) 14 m 58- How many lanes on track a) 6 b) 7 c) 8 d) 9 59-Standard track total distance is |
| 58- How many lanes on track |
| a) 6 |
| b) 7 |
| c) 8 |
| d) 9 |
| 59-Standard track total distance is |
| a) 300 m |
| b) 200 m |
| 59-Standard track total distance is a) 300 m b) 200 m c) 400 m d) 800 m 60-In 400 meter race last athlete Stagger |
| d) 800 m |
| 60-In 400 meter race last athlete Stagger |
| a) 7.01 m |
| b) 7.42 m |
| c) 7.67 m |
| d) 7.80 m |
| 61- When FIFA established |
| a) 1904 |

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| b) | 1905 |
|-----|--|
| c) | 1906 |
| | 1907 |
| 62- | When first FIFA World Cup held |
| a) | 1920 |
| b) | 1926 |
| c) | When first FIFA World Cup held 1920 1926 1930 1940 Which country won most FIFA world cups Brazil Germany Italy |
| d) | 1940 |
| 63- | Which country won most FIFA world cups |
| a) | Brazil |
| b) | Germany |
| c) | Italy |
| d) | Brazil Germany Italy France How many members of FIFA at 2008 208 209 376 211 |
| 64- | How many members of FIFA at 2008 |
| a) | 208 |
| b) | 209 |
| c) | 376 |
| d) | 211 |
| 65- | Where FIFA house build in Pakistan |
| a) | Islamabad |
| b) | Karachi |
| c) | 208 209 376 211 Where FIFA house build in Pakistan Islamabad Karachi Lahore Multan |
| d) | Multan |
| 66- | Total Length and width of Football ground is |
| a) | 100 & 70 |
| b) | 120 & 80 |
| c) | 120 & 90 |

| d) | 90 & 70 |
|-----|---|
| 67- | Which country won 2002 world cup |
| - | Brazil |
| b) | Germany |
| c) | Korea |
| d) | Italy |
| 68 | - Which team won First FIFA world Cup |
| a) | Uruguay |
| b) | Brazil |
| c) | Germany Korea Italy - Which team won First FIFA world Cup Uruguay Brazil Germany France |
| d) | France -In which year women football introduced in Olympic games |
| 69 | In which year women football introduced in Olympic games |
| a) | 1992 |
| b) | 1996 |
| c) | In which year women football introduced in Olympic games |
| d) | Total time of break or interval in Football |
| 70- | Total time of break or interval in Football |
| a) | 15 min |
| b) | 30 min |
| c) | 45 min |
| d) | 20 min |
| 71- | The game of Chess started from |
| a) | 3000 BC |
| b) | 2000 BC |
| c) | 1000 BC |
| d) | 500 BC |
| 72- | In which country the education of chess is given in schools |

| a) | Russia |
|-----|---|
| b) | China |
| c) | France |
| d) | Rome |
| 73- | Which Country first of all introduce Chess |
| a) | Rome Which Country first of all introduce Chess Italy Hindustan Russia China Which city is call home of Chess |
| b) | Hindustan |
| c) | Russia |
| d) | China |
| 74 | -Which city is call home of Chess |
| a) | Venues Delhi Masco New York How many years Jhangir Khan remain Unbeated |
| b) | Delhi |
| c) | Masco |
| d) | New York |
| 75- | How many years Jhangir Khan remain Unbeated |
| a) | 5 years 7 years 8 years When first world Cup Squash held 1983 1984 1985 |
| b) | 7 years |
| c) | 8 years |
| d) | 3 years |
| 76- | - When first world Cup Squash held |
| a) | 1983 |
| b) | 1984 |
| c) | 1985 |
| d) | 1986 |
| 77- | When Pakistan First time play the Squash at International level |
| a) | 1949 |
| b) | 1950 |

| c) | 1955 |
|-----|--|
| d) | 1956 |
| 78- | Old name of Squash is |
| a) | Rackets |
| b) | Binfel |
| c) | Steel hit |
| d) | Green ball |
| 79- | Number One player of Squash in Pakistan |
| a) | Shahid Zaman |
| b) | Rackets Binfel Steel hit Green ball Number One player of Squash in Pakistan Shahid Zaman Jhangir Khan Mansor Zaman Zark Jahn World Open Squash 2008 where held England Italy China America |
| c) | Mansor Zaman |
| d) | Zark Jahn |
| 80- | World Open Squash 2008 where held |
| a) | England |
| b) | Italy |
| c) | China |
| d) | America |
| 81- | Where first Tour de France held |
| a) | 1902 |
| b) | 1903 |
| c) | 1904 |
| d) | China America Where first Tour de France held 1902 1903 1904 1905 Which player won more titles of Tour de France |
| 82- | Which player won more titles of Tour de France |
| a) | France |
| b) | Italy |
| c) | Brazil |
| d) | Australia |

| 83- Record of Tour de France is |
|--|
| a) 39.5 Km |
| b) 40.5 km |
| c) 45.5 km |
| d) 43.5 km |
| 84-Which player make the fastest world record |
| a) John Haward |
| b) Ben Thomas |
| c) 45.5 km d) 43.5 km 84-Which player make the fastest world record a) John Haward b) Ben Thomas c) Smith d) Jack warner 85-Which is the fastest cyclist in England |
| d) Jack warner 85-Which is the fastest cyclist in England a) John Haward b) David Le Grays c) Will Smith d) John will 86-When cycling is introduced in Olympic Games |
| 85-Which is the fastest cyclist in England |
| a) John Haward |
| b) David Le Grays |
| c) Will Smith |
| d) John will |
| TOBST ON |
| 86-When cycling is introduced in Olympic Games |
| a) 1992 |
| b) 1994 |
| c) 1996 |
| 86-When cycling is introduced in Olympic Games a) 1992 b) 1994 c) 1996 d) 2000 87-Cycling is the national game of |
| 87-Cycling is the national game of |
| a) Italy |
| b) France |
| c) Germany |
| d) Brazil |
| 88-Who is the inventor of the cycle |

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| a) | Crack Patrick |
|-----|---|
| b) | Colmbo |
| c) | Graham bell |
| d) | Charles |
| 89 | -When the competition of boating introduced in Olympics Games |
| a) | 650 B.C. |
| b) | 648 B.C. |
| c) | 646 B.C. |
| d) | -When the competition of boating introduced in Olympics Games650 B.C. 648 B.C. 646 B.C. 644 B.CWhen wrestling is introduced in Olympics Games |
| 90 | -When wrestling is introduced in Olympics Games |
| a) | -When wrestling is introduced in Olympics Games 1900 1904 1908 1912 When the famous Muslim wrestler Gama become world champion |
| b) | 1904 |
| c) | 1908 |
| d) | 1912 |
| 91- | When the famous Muslim wrestler Gama become world champion |
| a) | 1901 1911 1921 1931 -What is the real name of Gama Muhammad Irfan Ghulam Muhammad Muhammad Saleem Aktar Hussain |
| b) | 1911 |
| c) | 1921 |
| d) | 1931 |
| 92 | -What is the real name of Gama |
| a) | Muhammad Irfan |
| b) | Ghulam Muhammad |
| c) | Muhammad Saleem |
| d) | Aktar Hussain |
| 93 | -Which title is awarded to Imam Bakhsh wrestler |
| a) | Rustam-e-Hind |
| b) | Rustam-e-Jahan |

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| c) | Rustam-e-Iran |
|-----|--|
| d) | Rustam-e-Pakistan |
| 94 | -How many categories in international wrestling |
| a) | 2 |
| b) | 3 ST.COM |
| c) | 5 |
| d) | 2 3 5 8 -When women wrestling introduced in Olympics Games |
| 95 | -When women wrestling introduced in Olympics Games |
| a) | 2000 2004 2008 |
| b) | 2004 |
| c) | 2008 |
| d) | 2004 2008 2012 -When the Pakistani wrestler Muhammad Bashir won the bronze medal in |
| | -When the Pakistani wrestler Muhammad Bashir won the bronze medal in mpics 1956 1960 1964 |
| a) | 1956 |
| b) | 1960 |
| c) | 1964 |
| d) | 1968 |
| 97- | -In 1962 Asian games how many medals won by Pakistan in wrestling |
| a) | 10 |
| b) | 11 ORWO |
| c) | In 1962 Asian games how many medals won by Pakistan in wrestling 10 11 12 14 |
| d) | 14 |
| 98 | -In 1970 Asian games how many medals won by Pakistan in wrestling |
| a) | 1 |
| b) | 2 |
| c) | 3 |

d) 4

99-Which is the national organization of table tennis_____

- a) Pakistan Table tennis Federation
- b) Pakistan Tennis federation
- c) Pakistan Football Federation
- d) Pakistan Table Tennis Committee

ESPOT.COM 100-Which is the international organization of table tennis

- a) International Table Tennis federation Association
- b) International Table Tennis federation
- c) International Table Federation
- d) International Table Tennis Association

| Q | Ans | Q | Ans | Q | Ans | Q | Ans | Q | Ans | o'r.coM |
|----|-----|----|------|----|-----|----|-----|-----|-----|---------|
| 51 | В | 61 | Α | 71 | Α | 81 | В | 91 | Α | |
| 52 | С | 62 | С | 72 | Α | 82 | DA | 92 | В | |
| 53 | В | 63 | Α | 73 | В | 83 | Α | 93 | Α | |
| 54 | Α | 64 | Α | 74 | Α | 84 | Α | 94 | Α | |
| 55 | Α | 65 | (03) | 75 | Α | 85 | В | 95 | В | c0 |
| 56 | D | 66 | В | 76 | В | 86 | С | 96 | В | POT.CO |
| 57 | С | 67 | Α | 77 | В | 87 | В | 97 | D | 3 |
| 58 | С | 68 | Α | 78 | Α | 88 | Α | 98 | В | |
| 59 | С | 69 | В | 79 | Α | 89 | В | 99 | Α | |
| 60 | C | 70 | Α | 80 | Α | 90 | В | 100 | В | |